Learn how modernizing OLG can benefit you. Visit ModernOLG.ca

LONDON metro®

Lotto MAX Group Win • July 5 • Peterborough

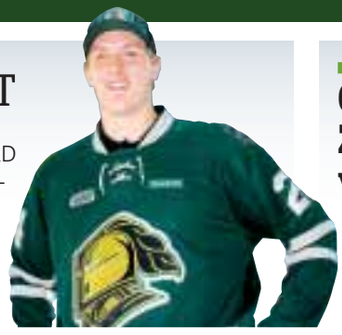
$50 MILLION WINNERS

NEWS WORTH SHARING.

BIG KNIGHT

AT SIX-FOOT-FIVE, THE TEAM'S NEW FORWARD MIKE MCCARRON WILL BE A FORCE TO BE RECKONED WITH THIS SEASON

PAGE 14



Outrage after Zimmerman verdict

Civil-rights leaders call for calm after a jury acquits the killer of Trayvon Martin PAGE 4

Mystery revealed

Trivia question: Which British author posed as an ex-military man to write the acclaimed crime novel The Cuckoo's Calling? PAGE 6

No glee for fans of Cory Monteith

Tributes pour in for the Canadian star of Glee, after he was found dead in his Vancouver hotel room PAGE 8

ART IN A GLASS

Here's something to look forward to on a weary Monday. Aaron Brown of the Forest City Beer Fest is inviting Londoners to the event on Aug. 2 and 3, and he has a bold statement to make about craft beer. Story, page 3. MIKE DONACHIE/METRO

London airport is flying high

Things looking up. CEO eyes new tenant to move into former Air Canada Jazz building

MIKE DONACHIE
mike.donachie@metronews.ca

Business at London International Airport is cruising well at the perfect altitude, its CEO said as he promised a major jobs announcement in the next few weeks.

"We've come up nicely," Mike Seabrook said, a year after the airport lost 200 jobs when Air Canada Jazz announced it would move its heavy maintenance work to Vancouver.

As Metro visited the airport, two moving companies were clearing out the Air Canada Jazz building, packing copiers and other office equipment into trucks. Only a handful of cars remained in the parking lot.

But Seabrook said the building is the subject of negotiations that will take it in a new direction.

"We are working on another tenant in the facility that we hope to announce in the next three or four weeks," he said. "It's a different approach to using the hangar. There are several things being discussed right now that potentially could see new uses for the hangar."

As for the rest of the airport's business, Seabrook said "good, methodical, sustained growth" has been happening, and this year's figures look as though they will again show growth, year-on-year.

The airport averages almost 40 departures and arrivals every day, with direct services to Calgary, Winnipeg, Chicago, Toronto, Ottawa, Orlando, Cancun, Mexico and — as announced just last month — Varadero, Cuba.

Seabrook again promised "positive announcements" on flight services in the next six to 12 months, saying he is working with existing and new carriers to add flights for London.

There has also been growth at the controversial cargo hub that was supported by $11 million of public money and opened in 2010. It is now operating at 65 per cent capacity, Seabrook said.

Revenue bump

- Last year saw a 3.8 per cent increase in passengers, with 465,704 people flying into or out of London.
- That growth is even more impressive when looked at over the longer term, because it's a 41 per cent increase over 10 years.

FREEDOM LOOKS GOOD ON YOU.
Begin a new journey this summer without glasses or contacts.
Book a free consultation at 1-855-895-2020 or lasikmd.com
LASIK MD VISION
Starting at $490 per eye*

*Prices are subject to change without prior notice and vary based on prescription strength. Applicable on a procedure for both eyes only. Other conditions may apply.

NEWS 1

Coun. Orser stands firm on strict cellphone penalties

Legal authority?
Councillor ignores criticism and sticks with seizure idea

MIKE DONACHIE
mike.donachie@metronews.ca

City Coun. Stephen Orser has vowed to stand firm despite a storm of criticism for a controversial idea.

Orser has suggested that cellphones be seized from drivers seen to be using them behind the wheel, and then the drivers should be slapped with fines. His idea, while attracting some support, led to vitriol online and in print over the weekend, especially on Twitter, with some people suggesting the city has no legal authority for the move.

But Orser doesn't care. He said his petition to the community and protective services committee, asking for a bylaw, will go ahead. "I don't see any reason to change anything at this point," he said. "Part of the submission will be, in the event it is not within city powers and is ultra vires, then we simply ask the province.

"We have council ask the province to make it a $1,000 fine and seizure, whatever variation works."

He asks that the idea be looked at by city staff, in conjunction with London police, and he even asks for some people to be banned from using phones. "I'm still going forward with it," Orser said. "I knew from the start it wasn't going to be an easy ride. That's nothing new for me."

Cellphone danger

- CAA tests show drivers talking or texting are 18 per cent slower in reacting to brake lights.
- Six people die every day in car crashes in Canada.

Hands up if you own spandex pants

Yoga Shack Gives Back will make a return to Budweiser Gardens on July 21. Last year's event, pictured above, brought more than 500 yogis and newbies to the arena for an en masse Zen-like fundraiser. This year, organizer Lisa Shackelton, owner of the Yoga Shack, is hoping the event will be even bigger and better. Proceeds will go to help people living with amyotrophic lateral sclerosis, better known as ALS or Lou Gehrig's disease. Visit yogashack.ca to register and for details. ANGELA MULLINS/METRO FILE

Charged. Arrest follows reports of sex attacks

A 42-year-old man has been arrested in relation to a series of sexual assaults in London.

Paulu Lomboi was charged with two counts of sexual assault and one count of overcoming resistance to the commission of an offence.

The arrest took place following accusations from three women. One said she was attacked in the city last week, then two other women came forward after hearing of that report.

London police said their sexual-assault section made an arrest in the area of Rectory Street and Trafalgar Street within the last month.

One count of sexual assault is related to an allegation from July 9, while the other two charges are related to a previously unreported assault involving a 32-year-old woman that allegedly took place on June 17.

MIKE DONACHIE/METRO

Third

The third incident of sexual assault is still under investigation, police said.

Electrical malfunction

No one hurt in late-night fire

There was late-night drama in the south of the city as the fire department responded to a fire in an unoccupied house at 16 Sunray Avenue.

The 2 a.m. call-out was caused by an electrical malfunction, the London Fire Department said after firefighters dealt with the blaze.

No one was hurt and the fire department said the incident was not suspicious.

MIKE DONACHIE/METRO

PETA protest. 'Try to relate to who's on your plate'

Passersby may be in for a shock — and that's the idea — on Monday as the animal-rights group PETA stages a protest in London.

A volunteer is expected to lie "nearly naked" on a giant plate at the corner of King and Wellington streets, to make a point about food.

The message will be, "Try to relate to who's on your plate" as PETA insists animals have feelings too, and there has never been a better time to go vegan. The volunteer is also expected to have sides of fries and salad, plus huge cutlery.

PETA says that eating animal products damages the environment and causes suffering.

The protest is expected to begin downtown around noon.

MIKE DONACHIE/METRO

Clams have feelings too

PETA says chickens and turkeys are often killed while conscious, piglets have tails and testicles cut off without painkillers, and calves are taken from their mothers within 48 hours of birth.

Prostitution case. Two people arrested on human trafficking charges

A man and woman are the first two people in the history of the London Police Service to face charges related to human trafficking.

As a result of what police are calling the Human Trafficking Pilot Project, 36-year-old Steven McDonald and 31-year-old Kristen MacLean, both of London, have been charged with several offences.

As well, McDonald faces charges of attempting or procuring a person to be a prostitute, sexual assault and giving an intoxicating substance to a person for sex.

McDonald and MacLean are both also charged with drug offences.

London police Const. Ken Steeves alleged the victim, who is over 18 years old and lives in the city, became a prostitute voluntarily, but believed that at least some of the money she made selling sex would be hers to keep. This wasn't the case.

She was also allegedly forced to continue prostitution through intimidation, deception and sexual assault.

"The victim is led to believe that they are going to reap the financial benefits of the actions that are suggested, so they're exploited," Steeves said.

While she wasn't brought to the city from elsewhere, he alleged the suspects exercised control over her and forced her to continue working as a prostitute, which led to the charges.

The charges in the case include: Trafficking in persons by exercising control; procuring illicit sexual intercourse; exercising control over a person for prostitution; and living on the avails of prostitution of a victim over 18 years of age

SCOTT TAYLOR/METRO

Elliot Lake. Owner of doomed mall and his son set to testify at inquiry

The inquiry into why a northern Ontario mall collapsed last summer killing two women and injuring dozens of others enters its final phase Monday, with the first of two key witnesses taking the stand.

Slated to testify over the next two weeks about their roles in the tragedy are Levon Nazarian and his father Bob Nazarian, who owned the ill-fated Algo Centre Mall in Elliot Lake for its final seven years.

"The evidence that we've heard so far is that conditions continued to deteriorate over that period," said inquiry lawyer Peter Doody.

"We expect these two will give us evidence about what they did to deal with the situation and explain what was happening.''

Much of the community's anger over the tragedy — the result of decades of water and salt penetration that rotted the steel supporting the roof-top garage — has been directed at the Nazarians. THE CANADIAN PRESS

Quoted

"Mr. Nazarian has always tried to take shortcuts."

Former mall manager Henri McCleery, in a statement criticizing the mall owner

Weekend event

Folk Festival looking for volunteers

With the Home County Folk Festival less than a week away, organizers are still looking for volunteers to add to their list.

The festival runs Friday to Sunday in Victoria Park, and volunteers generally are expected to put in at least two, three-hour shifts over the three days.

METRO

Kitchener-Waterloo

Toddler still missing after fire at dairy barn

The search continues for a two-year-old boy who went missing after a dairy-barn fire Friday night in Woolwich Township, northwest of Kitchener-Waterloo.

Police say the toddler lives at the farm and family neighbours and police have been searching for him. THE CANADIAN PRESS

Aaron Brown gets in training for the Forest City Beer Fest. For those who really need to know, that's a glass of Guinness Irish stout he's enjoying. MIKE DONACHIE/METRO

Brewing up a masterpiece

Arts and crafts. Second Forest City Beer Fest hopes to be class in a glass

MIKE DONACHIE
mike.donachie@metronews.ca

Aaron Brown, beer expert, has a bold claim. Craft beer, he says, is "like a piece of art that you can drink."

Now the people of London can test his theory, and perhaps enjoy a few masterpieces in the process, at the Forest City Beer Fest, back for a second year on Aug. 2 and 3.

More than 1,100 enthusiasts are expected to take part in the downtown event, which will feature more than 15 craft brewers, including London's own Forked River Brewing Company and the Railway City Brewing Company from St Thomas.

"It's a celebration of craft beer," explained Brown, 28, a leading light in the festival.

"That's the goal, to show people why craft beer is great, to give them a fine and lovely place to experience that, and to give them something new."

Asked why people should go for a craft beer instead of grabbing a better-known brand, Brown made his stark statement.

"It's like a piece of art that you can drink," he said. "That's how I describe it. People put more time and thought into it.

"You're going to have a better time drinking it. You're probably going to get more out of it. There's a lot more variety.

"Craft beer is about all the other experiences you can have with beer."

The beer fest is still looking for volunteers to help set it up, and is promising perks to anyone who helps out. To join in the fun, or just to find out more about the event, email info@forestcitybeerfest.com.

Beer Fest events

- **Friday, Aug. 2, 6.30 p.m., Palace Theatre:** Two beer documentaries; a panel discussion with an industry insider. Beer available throughout, unsurprisingly. Admission is $12.
- **Saturday, Aug. 3, in two sessions: noon-4 p.m. and 5 to 9 p.m., Museum London:** More than 15 craft breweries beer seminars with experts. Admission is $15, including two beer tokens and a souvenir glass.

Cyclist killed after hitting bus

The cyclist who rode into the side of a city bus downtown on Friday has died, police said.

The 45-year-old man was cycling in the area of Hamilton Road and Smith Street when the incident occurred.

Police were still investigating what happened, but it appeared the bus was driving east at 4:18 p.m. when the man cycled into the road from the south sidewalk and hit the bus.

He was taken to hospital by EMS in critical condition, and by Saturday night police confirmed he had succumbed to his injuries.

In a separate incident on Saturday, a 29-year-old man was taken to the same hospital by ambulance following a single-vehicle collision.

The man was using an all-terrain vehicle on Wonderland Road at Hamlyn Street at about 8 p.m. when he lost control and was thrown from it.

He was also said to have been in serious condition.

The police also released the name of a teenager who died in a London road crash on Wednesday, shortly before 6 p.m.

Erik Rivard, 19, of Belmont, died at the scene of the crash on Manning Drive, west of Old Victoria Road.

MIKE DONACHIE/METRO

Sunday incident

On Sunday, soon after 5 p.m., first responders were dealing with a serious accident at Adelaide and Fanshawe Park roads. Reports said a woman had been hit by a vehicle and was seriously injured.

- Eyewitnesses reported seeing the pedestrian put in an ambulance.
- No further information was available as Metro went to press.

Protesters angered by the acquittal held largely peaceful demonstrations in three California cities, but broke windows and started small fires in Oakland. ANDA CHU, BAY AREA NEWS GROUP/THE ASSOCIATED PRESS

Verdict brings no resolution to killing of Trayvon Martin

Not guilty. Safety of the accused in question after mass protests across U.S.

After a year and a half of living as a hermit, George Zimmerman emerged from a Florida courthouse a free man, cleared of all charges in the shooting of 17-year-old Trayvon Martin.

His brother said the former neighbourhood watch volunteer was still processing the reality that he wouldn't serve prison time for the killing, which Zimmerman, 29, has maintained was an act of self-defence. Late Saturday night, a jury found him not guilty of second-degree murder and declined to convict him on a lesser charge of manslaughter.

However, with many critics angry over his acquittal, his freedom may be limited.

"He's going to be looking over his shoulder the rest of his life," Robert Zimmerman Jr. said during an interview.

Six jurors considered nearly three weeks of often wildly conflicting testimony over who was the aggressor on the rainy night Martin was shot.

Jurors deliberated for more than 15 hours over two days before deciding late Saturday night. The court did not release the racial and ethnic makeup of the jury, but the panel appeared to reporters to be made up of five white women and a sixth who may be Hispanic.

Those watching reacted strongly when the verdict was announced. Martin's mother and father were not in the courtroom when it was read; supporters who had gathered outside yelled "No! No!"

Andrew Perkins, 55, a black resident of the Orlando suburb where Martin was shot, angrily asked outside the courtroom: "How the hell did they find him not guilty?"

"He killed somebody and got away with murder," Perkins shouted, so angry he shook.

Trayvon Martin's brother, Jahvaris Fulton, said on Twitter: "Et tu America?"

THE ASSOCIATED PRESS

Peace forever lost?

"No one wins either way. This is going to be a recurring nightmare in his mind every night."

Chris Bay, a supporter of the accused

Fallout

Trayvon Martin's 2012 killing unleashed debate across the U.S. over racial profiling, self-defence and equal justice.

- Protesters nationwide lashed out against police, as it took 44 days for George Zimmerman to be arrested.
- Many, including Martin's parents, said Zimmerman had racially profiled the unarmed black teen.

Reaction

U.S. recoils and rages

From New York to California, outrage poured from street demonstrations and church pulpits on Sunday as hundreds of protesters took to the streets.

In Manhattan, congregants at Middle Collegiate Church were encouraged to wear hooded sweatshirts in the memory of Trayvon Martin.

The Rev. Jacqueline Lewis, wearing a pink hoodie, urged peace and told her congregation that Martin Luther King Jr. "would have wanted us to conduct ourselves on the highest plane of dignity."

Chicagoan Maya Miller, 73, said the case reminded her of the 1955 slaying of Emmitt Till, a 14-year-old who was murdered by a group of white men. Till's killing galvanized the civil-rights movement.

Miller said she feels as if "nothing has changed in 58 years."

The NAACP called for the opening of a civil-rights case against Zimmerman in an online petition addressed to Attorney General Eric Holder.

Civil-rights leaders, including the Revs. Jesse Jackson and Al Sharpton, urged peace in the wake of the verdict. Jackson said the legal system "failed justice," but violence isn't the answer.

But not all the protesters heeded those calls.

In Oakland, Calif., some angry demonstrators broke windows, burned U.S. flags and started street fires. Some marchers also vandalized a police squad car and used spray paint to scrawl anti-police graffiti on roads and Alameda County's Davidson courthouse.

THE ASSOCIATED PRESS

Nelson Mandela. Ailing leader may be sent home

Nelson Mandela may be discharged from hospital soon to recuperate at home, said a former president of South Africa.

The prediction was made by Thabo Mbeki as he gave a memorial lecture for the African National Congress on Saturday, the Eyewitness News radio service reported.

Mandela, 94, has been in hospital for more than five weeks for a recurring lung infection, sparking an outpouring of support in South Africa and internationally. Friends who have visited him say he is on life support in the form of mechanical ventilation.

Nelson Mandela
GETTY IMAGES FILE

THE ASSOCIATED PRESS

'Orangutan.' Slur thrown at black minister in Italy

Italian Premier Enrico Letta has harshly criticized a top senator who likened the country's first black Cabinet minister to an orangutan, the latest episode of high-profile racial tension in a nation grappling with immigration.

In a statement Sunday, Letta denounced Roberto Calderoli's words as "unacceptable" and "beyond every limit."

Calderoli, the Senate's vice-president and a leader of the anti-immigrant Northern League party, made denigrating remarks about Immigration Minister Cecile Kyenge at a party rally on Saturday.

"I cannot help think ... of a resemblance to an orangutan," Calderoli is quoted as saying by the Corriere della Sera newspaper.

Kyenge is a Congolese-born doctor who became Italy's first black minister in April. THE ASSOCIATED PRESS

Lac-Mégantic disaster. Priest struggles at pulpit

The parish priest in a Quebec town gripped by tragedy said Sunday he struggled to find the words to comfort his flock.

Steve Lemay said he and his colleagues have tried to bring solace to Lac-Mégantic in the week since a train derailment killed an estimated 50 people and razed the town centre.

But he said some residents haven't even begun to grieve. With many questions still unanswered, the loss hasn't fully sunk in, he told reporters outside the Ste-Agnes Church.

"Normally, when we lose someone we love, we can see them, we can make contact," he said. "We don't have that here."

Two more bodies were pulled from the rubble on Sunday, bringing the official death toll to 35. Fifteen people remained missing, more than a week after the disaster.

THE CANADIAN PRESS

Cabinet

Harper set to shuffle the bench

Prime Minister Stephen Harper is poised to shuffle his front bench, setting in place the team that will carry the Conservative government into the 2015 election.

Ray Novak, Harper's chief of staff, began phoning ministers and cabinet newcomers with their new assignments on Saturday night, with the formal appointments set to be announced Monday morning at Rideau Hall.

All ministers and deputy ministers have been summoned to be in the capital Monday, sources told The Canadian Press.

There is much talk of generational change within the party. THE CANADIAN PRESS

Security abroad

CSIS guide to help officials avoid being shagged by spies

Canada's spy agency has quietly warned travelling government officials they may be drugged, kidnapped or blackmailed after being enticed into a sexual "honey trap" by an attractive stranger.

Foreign intelligence services see federal employees — and the proprietary information they carry — as prized targets, and precautions must be taken to prevent the pilfering of secret files, says the Canadian Security Intelligence Service.

The threat has prompted CSIS to prepare a special guide advising Canadian officials. THE CANADIAN PRESS

National Defence

Crucial army efforts 'on life support': Top soldier

Budget restraint and underspending at National Defence have left some of the army's hard-won capabilities from the Afghan war on "life support," says the commander of the Canadian Army.

The federal government needs to recognize that intelligence operators are as much a part of today's front line as soldiers and tanks, said Lt.-Gen. Peter Devlin, whose tenure as Canada's top soldier ends Thursday.

"I've spent an incredible amount of energy and effort to pay respect to the lessons that were learned with blood in Afghanistan," Devlin said. THE CANADIAN PRESS

New Alberta flood-recovery funding regime faces criticism

No easy solution.
Plans to avert future disaster provide little consolation for victims

JEREMY NOLAIS
Metro in Calgary

Plans by the Alberta government to ban development in mapped floodways and no longer fund recovery efforts for those continuing to live there were met with sharp criticism from those still recovering from a disaster unlike any previously seen in the province.

Officials took the veil off new rules for funding and development during a technical briefing Sunday morning, a little more than three weeks after rivers surged to levels not seen in a lifetime, displacing tens of thousands of Southern Albertans and leading to billions of dollars in damages.

Some homes in the town of High River remain underwater even now.

Going forward, all municipalities will be prohibited from approving new developments in known floodways and residents opting to continue residing in those areas will no longer receive disaster recovery funding for damage caused in future floods, Municipal Affairs Minister Doug Griffiths announced.

As well, any homes located in Alberta's "flood fringe" areas will be required to undertake mitigation efforts — raising a home using piers or columns, erecting berms or flood walls, and water-sealing a residence were examples provided — if they wish to receive recovery funding going forward.

"For Albertans who have endured this disaster and face an uncertain future, I want you all to know one thing: Our government is here for you," Griffiths said, adding compensation for those choosing to move out of a floodway will be determined on a "case-by-case" basis.

Calgary Mayor Naheed Nenshi said there are questions about the accuracy of provincial flood mapping, which will provide the only guideline on which homes reside in the floodway and flood fringe.

"I don't have much of a philosophical problem with what they're saying," Nenshi said, before adding, "I am surprised the province would announce such sweeping changes in the absence of any consultation whatsoever with affected municipalities."

WITH FILES FROM DARREN KRAUSE

Sarah and David Carlson believe their soon-to-be finished home in Calgary's Roxboro area is flood-proof, but because half of their land is in a mapped floodway, it's possible they will not receive any recovery funding in future disasters.
JEREMY NOLAIS/METRO

Grey area

The province will be supplementing some of the funding for mitigation efforts, but for many in the flood zones the new policy added to what some described as already being the worst three weeks of their lives.

- David and Sarah Carlson were busy constructing a $3-4 million home in the southwest community of Roxboro when the floodwaters surged.
- The pair had already torn down the previous home on the lot and worked diligently to make the home flood-proof.
- But their property is divided in two on the provincial mapping — half is in a floodway and half in a flood fringe — and the pair questioned what that would mean for them going forward.

Manitoba village bears brunt of possible tornado

A trailer lies on its side after an unconfirmed tornado touched down in the regional municipality of Pipestone, Man., Saturday. @SNIPE_ALL_DAY/TWITTER

The reeve of Pipestone, Man., is relieved no one was seriously injured after what Environment Canada says was likely a tornado tore through the rural municipality Saturday night.

"It ripped the roofs off buildings, flipped a mobile (home), took a part of the hall and part of the rink — so it was pretty severe," Ross Tycoles told Metro Sunday morning from his home in Reston. "It was bad enough here, but Pipestone is the one that really got it."

Tycoles said the fast-moving storm — which dropped hail as big as golf balls in the area as it moved into the southwest corner of Manitoba along Highway 2 from Saskatchewan around 6 p.m. — levelled a number of trees and knocked out power for the more than 200 people in the Village of Pipestone.

"Hydro is going to be an issue, there was lots of downed power lines," explained Tycoles, who said power remained down in Pipestone Sunday morning. "They shut the power off in town until they can reassess (the damage) to be safe."

The reeve said the only injuries reported were a couple of people who cut their hands from broken glass.

Environment Canada

"Did it actually reach the ground? We haven't received any report, but it's highly possible that it was a tornado."
Meteorologist Mark Gerlyand

The storm couldn't have come at a worse time for the RM of Pipestone, which declared a state of emergency in late June after heavy rains brought more than six inches of water in about six hours to Reston.

Environment Canada meteorologist Mark Gerlyand said the storm moved over Pipestone within two hours before losing steam as it went eastward.

While Gerlyand hasn't seen any photos verifying a funnel cloud touched down, he said there was a report of a tornado from the village of Pipestone around 7 p.m., and radar information did show cyclone activity in the air at the time.

SHANE GIBSON/METRO IN WINNIPEG

Flight 214. Asiana payout to depend on nationality

When the courts have to figure compensation for people aboard Flight 214, the potential payouts will probably be vastly different for Americans and passengers from other countries, even if they were seated side by side as the Asiana jetliner crash-landed.

An international treaty governs compensation to passengers harmed by international air travel — from damaged luggage to crippling injuries and death. The pact is likely to close U.S. courts to many foreigners and force them to pursue their claims in Asia and elsewhere, where lawsuits are rarer, harder to win and offer smaller payouts.

The flight that broke apart Saturday at the San Francisco airport was carrying 141 Chinese, 77 South Koreans, 64 Americans, three Canadians, three Indians, one Japanese, one Vietnamese and one person from France when it approached the runway too low and too slow. The Boeing 777 hit a seawall before skittering across the tarmac and catching fire.

Three girls from China were killed and 182 people injured, most not seriously.

The dozens who were seriously injured — especially the few who were paralyzed — can expect to win multimillion-dollar legal settlements, as long as their claims are filed in U.S. courts, legal experts said. THE ASSOCIATED PRESS

Quoted

"The other people are going to have a real fight on their hands."

Attorney Frank Pitre, on non-American passengers

New bones about it: Chances of finding fossils up after floods

Cody Van Megen's dog Moose examines one of many large bones found while walking along the banks of the Bow River, heavily eroded by recent flooding, in Calgary on Friday. While Van Megen was bracing for signs of devastation, he didn't expect to find a set of gigantic rib bones sticking out of the riverbank. Van Megen got in touch with Francois Therrien, a paleontologist at the Royal Tyrrell Museum in Drumheller, Alta. Therrien told him the bones were unlikely to be from a dinosaur, but the discovery could be significant — potentially signalling an early bison fossil — and a team will examine in August. LARRY MACDOUGAL/THE CANADIAN PRESS

Hybrid fish. Researcher casting for anglers

Anglers in Saskatchewan are being asked to help reel in information about a hybrid fish.

Chris Somers, an ecologist at the University of Regina, is hoping that anyone looking for good fishing holes before an upcoming walleye tournament will bring him a specimen that could be a cross between a walleye and a sauger. It's known as a saugeye.

"What we are trying to do is to get a DNA-based approach up and running to detect hybrids reliably," said Somers.

What's not clear is how often the two species merge and what role the hybrids play in the fishery or in changing the ecology of fish.

"I don't think anybody is really 100 per cent sure what the consequences of hybridization are," said Somers. THE CANADIAN PRESS

Dan Faiman, of Fairview, Mont., holds a saugeye, a cross between a walleye and sauger. THE ASSOCIATED PRESS/THE N.D. GAME AND FISH DEPARTMENT

Critical infrastructure

Cyber security in private sector a big problem: Records

Gaps in the cyber-security efforts of Canadian corporations could be leaving them open to sophisticated attacks by hackers, records show.

"The current situation is that there are an increasing number of new software vulnerabilities that can be exploited to gain access to companies' networks," reads a July 2012 memo obtained from Public Safety Canada under the Access to Information Act.

"The scale of the problem is significant. The cost of maintaining a highly secure network is high for each company, and they may not be willing to make that investment."

The smooth operation of critical infrastructure assets is integral to the country's economic, political and social well-being, according to a report by the auditor general published last fall. But despite a commitment to protecting critical infrastructure, the federal government has been slow to build partnerships with stakeholders, the report states. THE CANADIAN PRESS

J.K. Rowling revealed as 'new' crime writer

Chamber of secrets. Critics called mystery novel with a pen name a 'scintillating debut novel'

An ex-military man tries his hand at writing, publishes a debut detective novel, and wins critical acclaim. But here's the twist in the tale: The true identity of the author is none other than Harry Potter creator J.K. Rowling.

It's impressive literary wizardry by Rowling, who said she relished the freedom of writing The Cuckoo's Calling under her pseudonym, Robert Galbraith.

"I hoped to keep this secret a little longer," she said in a statement released by her publicist on Sunday. "It has been wonderful to publish without hype or expectation, and pure pleasure to get feedback from publishers and readers under a different name."

The Cuckoo's Calling, a story about a war veteran turned private investigator who is called in to probe the mysterious death of a model, was published to rave reviews in April.

The Sunday Times claimed it was investigating "how a first-time author with a background in the army and the civilian security industry could write such an assured debut novel" when it connected the dots. The paper said clues included the fact that Rowling and Galbraith shared the same agent and editor, and that Little, Brown published Rowling's other adult novel. It also said the book's style and subject resembled Rowling's work.

Cross-writing

"Being Robert Galbraith has been such a liberating experience."

J.K. Rowling

Rowling's publicist confirmed the news, helping the novel climb to the top of Amazon's bestselling list Sunday. THE ASSOCIATED PRESS

Matthew Rossow tests the Lettuce Bot in Salinas, Calif. MARCIO JOSE SANCHEZ/THE ASSOCIATED PRESS

Bots and crops meet again

On a windy morning in California's Salinas Valley, a tractor pulled a refrigerator-sized contraption over rows of budding iceberg lettuce plants. Engineers from Silicon Valley tinkered with the software on a laptop to ensure the machine was eliminating the right buds.

Hired by a Salinas-based agricultural produce company, the engineers were testing the Lettuce Bot, a machine that can "thin" a field of lettuce in the time it takes about 20 workers to do the job by hand.

The thinner is part of a new generation of machines that target the last frontier of agricultural mechanization — fruits and vegetables destined for the fresh market, which have thus far resisted mechanization because they're sensitive to bruising.

In this region known as America's Salad Bowl, the machines could prove revolutionary. Though they cost millions, farmers say the robots are worth the investment: They could provide relief from recent labour shortages, lessen the unknowns of immigration reform, and even reduce costs, increase quality and yield a more consistent product.

But farm-worker advocates say mechanization would lead to workers losing jobs, growers using more pesticides and the food supply becoming less safe. THE ASSOCIATED PRESS

DO YOUR HOMEWORK, VOTERS

URBAN COMPASS

Todd Devlin
london@metronews.ca

The lawn signs are up and the campaigns are in full force for next month's byelection (Aug. 1), which will produce a new MPP for London West.

All that's left is to learn a thing or two about the six candidates.

Problem is, that has been tricky in the early going, as voters might have been left slightly confused as to where the candidates stand. That confusion began when Ken Coran, a former card-carrying member of the NDP, was named the Liberal nominee. The former president of the Ontario Secondary School Teachers' Federation has been called a "sellout" (particularly by some teachers) for the move, which sees him now running as a member of the party he so recently criticized.

Progressive Conservative Ali Chahbar, meanwhile, had some questions of his own to answer this month when a photo surfaced of him wearing a campaign button and supporting a Liberal candidate back in 2009. Chahbar laughed off the photo and said his support of a colleague — Doug Ferguson — was purely personally, and not politically, motivated.

While Chahbar's eyebrow-raising photo may seem less of a concern than Coran's past, both situations highlight an important point concerning next month's byelection: Voters will need to do their due diligence and get informed about each of the candidates before casting their ballot.

Local Canadian politics should never be about simply voting blindly for a party — red, blue, orange or other. There are individual people behind those colours, and it's even more important to learn about those people when they may have multi-coloured pasts.

What exactly is their background? Where do they stand on issues that are important to you? Have they flip-flopped on significant issues in the past? If so, did they provide a reason? What are the promises they're making to constituents heading into this byelection?

These are the types of questions that help weed out the opportunists. And let's be honest, there is no shortage of opportunists in the world of politics, regardless of party. Unfortunately, it's the nature of the beast and it's inherent in all positions in society that carry power. But that's why it's so important for voters to have their say at the ballot box.

Which brings us to an oft-heard saying around election time: "If you don't vote, you can't complain."

The argument, of course, is that everyone should get out and vote. After all, we should feel lucky to live in a democracy and have the opportunity to have our voices heard.

While I appreciate the sentiment, I've always thought the saying was rather short-sighted. After all, an uninformed vote can do as much of a disservice to the system as no vote at all.

What's the point in a voter going to the polls if he or she knows nothing about the candidates or what they stand for? I'd rather a voter sit it out than cast an uneducated ballot. Let's not let that happen to us next month. On Aug. 1, make sure your informed voice is heard.

Follow Todd Devlin on Twitter @UrbanCompassLdn

ZOOM

Tidal wave is man-made

QUIRKY CHINA NEWS/REX FEATURES

Yellow Dragon roars again

Tourists watch as tidal waves of water are unleashed at 2,600 metres per second into the Xiaolangdi reservoir in Henan, China.

The spectacular process is part of anti-pollution efforts in the Yellow River, and officials claim it has removed tonnes of debris from the bed, improving the nation's water supply. METRO

Adapting to demand

- **Pollution.** In 2008, 40 per cent of water was unusable due to pollution, and 30 per cent of fish species were extinct.
- **Digital solution.** A new software system can flush vast quantities of water through polluted zones. It won environmental prizes and is now used across China.

The effect

390

The quantity, in millions of tonnes, of river-bed debris that has been cleared by this method over the past 13 years. The river now flows all the way to the sea, without stretches of desert. Millions depend on "Mother River." At 5,464 km, it's the second-longest river in Asia.

Pieces of the puzzle

"The key to bringing the river under control is to control its water and sand."

Chen Xiaojiang, director of the Yellow River Conservancy Commission of the Ministry of Water Resources

Clickbait

Since Vine became available on Android last month, the playing field for six-second, looped videos shot with your cellphone has essentially been levelled, which has, in turn, upped the quality of stop-motion and regular videos that create an optical illusion. These are the latest creators of some app-ealing vids that were also selected for the #WiredOpticalIllusion contest.

@savi10:
Guy Savioli has revolutionized the once-popular dancing-stick-man-on-a-notepad trick by turning it into an infinite falling stick man with the use of the looping software.

@lalo:
If you think it's impossible to turn a one-dollar bill into a two-dollar bill with one quick fold, then maybe you are the twit.

@YvesDas:
Based out of Belgium, this artist has perfected the stop-motion Vine video. Think Gumby, all growed up (and six seconds long).

@Pinotski:
Trust this man behind the lens for a nicely skewed version of reality. METRO

Letters

Today's weak labour market for youth is not only hurting young Canadians. It's also taking a financial toll on their middle-class parents.

There are still 200,000 fewer jobs for young Canadians than before the recession. According to TD Bank, young Canadians are not only losing out today, they also face lower wages for more than a decade as they try to catch up on missed work experience. A growing number of 20-somethings are now competing for unpaid internships in an attempt to get ahead.

While job prospects for young Canadians have deteriorated, the price of everything from tuition to rent and groceries has gone up. Yet student debt levels have remained relatively constant. So who is picking up the tab?

It's middle-class parents who are stepping in to financially support their adult children.

According to TD, more than half of baby-boom parents have continued to financially support their adult children, even after they leave school. Instead of listening to Canadians on this issue, the Harper Conservatives have cut the number of youth jobs in the Canada Summer Jobs Program by more than half, and frozen the skills training budget at 2008 levels without allowing for either inflation or population growth.

Scott Brison, Liberal finance critic

WE WANT TO HEAR FROM YOU:
Send us your comments: londonletters@metronews.ca

metro

President: Bill McDonald • **Vice-President & Group Publisher, Metro Eastern Canada** Greg Lutes • **Editor-in-Chief** Charlotte Empey • **Deputy Editor** Fernando Carneiro • **National Deputy Editor, Digital** Quin Parker • **Managing Editor** Angela Mullins • **Managing Editor, News & Business** Amber Shortt • **Managing Editor, Life & Entertainment** Dean Lisk • **Retail Sales Manager** Joshua Green • **Distribution Manager** Rob Delvallet • **Vice-President, Sales and Business Development** Tracy Day • **Vice-President, Creative** Jeff Smith • **Vice-President, Finance** Phil Jameson • **METRO LONDON** • 350 Talbot Street Main Floor London ON N6A 2R6 • **Telephone:** 519-434-3556 • **Fax:** 888-474-3094 • **Advertising:** 519-434-3556 Ext. 2223 • adinfolondon@metronews.ca • **Distribution:** london_distribution@metronews.ca • **News tips:** london@metronews.ca • **Letters to the Editor:** londonletters@metronews.ca

Glee star Cory Monteith was found dead in a Vancouver hotel room on Saturday. THE CANADIAN PRESS

Remembering Monteith

United in grief. Celebrities, fans send out condolences to Glee actor's family, police won't speculate on cause of death

Tributes from celebrities and fans of the popular television series Glee were pouring in on social media Sunday as those who admire Canadian actor Cory Monteith learned of his sudden death.

The 31-year-old actor, who shot to fame as football player and singer Finn Hudson on the popular television series, was found dead at a downtown Vancouver hotel room on Saturday.

Police told reporters the cause of death still must be determined, but investigators do not believe foul play was involved.

Once news broke of Monteith's death, fellow celebrities and Glee cast members took to Twitter to express their condolences.

Dot-Marie Jones, who plays Coach Shannon Beiste, wrote, "I am blessed to have worked with him and love him so much. My heart is with his family and our whole Glee family. I love you all."

And Lauren Potter, who plays cheerleader Becky Jackson said, "I am totally heartbroken right now. I love Cory so much this hurts my heart. I hope my Glee family is OK right now. I love them all. Cory was always so nice to me. I have so many good memories."

Monteith's co-star and girlfriend Lea Michele, who plays Finn's girlfriend onscreen, has issued a brief statement, requesting privacy.

Fans from B.C., where Monteith grew up, also mourned the death of the local celebrity.

"When I first saw Glee, I was ecstatic for Cory. A local boy and a great guy. My thoughts to his family and friends. He will be remembered," wrote Vancouver actor Osric Chau.

The executive producers of Glee and Fox also issued a statement on Saturday night, saying, "We are deeply saddened by this tragic news. Cory was an exceptional talent and an even more exceptional person. He was a true joy to work with and we will all miss him tremendously. Our thoughts and prayers are with his family and loved ones."

Acting Vancouver Police Chief Doug LePard told reporters on Saturday that Monteith's body was found around noon after he failed to check out from his room as scheduled. LePard said the actor had been with some other people in the room the night before, but video and electronic records show that Monteith entered the room by himself on Saturday morning.

His death comes several months after he told People magazine that he had admitted himself into rehab for substance abuse, but police declined to speculate whether there was any connection.

Monteith, who has been open about having suffered from drug addiction when he was younger, was born in Calgary and raised in Victoria, where his mother still lives.

THE CANADIAN PRESS

Peripatetic Monteith

Before becoming an actor, Monteith worked as a Walmart people greeter in Nanaimo, B.C., as well as a taxicab driver, school bus driver and roofer. He had minor roles in other films before joining the cast of Glee, which debuted in 2009. He also was drummer for the California-based band Bonnie Dune, and was an avid supporter of the Project Limelight Society, a Vancouver charity that offers a theatre program to at-risk youth.

Locked up and nowhere to go

Orange is the New Black. New Netflix series about a socialite doing time puts a female spin on life as an inmate

The new Netflix series Orange is the New Black opens with the provocative image of two naked women in a shower, entwined in a passionate embrace. It's the kind of brazen kickoff obviously designed to grab attention, but star Taylor Schilling says the show's envelope-pushing nudity is different — this time the salacious scenes come from a resolutely female point-of-view.

"It doesn't to me feel like it's as sexualized as other scripts that I've read," Schilling said by phone from New York of the dramedy.

Schilling stars as privileged Brooklyn socialite Piper Chapman, who is slapped with a 15-month sentence at a U.S. federal penitentiary when authorities link her to a hard-as-nails female drug-runner she romanced — and ferried cash for — more than a decade earlier.

Schilling lauds an array of racially diverse actresses who fill out the cast and praises Kohan for offering a rare chance to see a variety of female characters on the small screen. Even the blond and seemingly delicate character Piper challenges convention, she said.

"It's a moment of divine intervention I think when you find a role that can really be a full-bodied woman, and actually I mean that in every sense of the word," said Schilling.

THE CANADIAN PRESS

Taylor Schilling stars in Orange is the New Black. GETTY IMAGES

Hip-hop stars hold hands up and take the rap

Industry change? With Lil Wayne and Rick Ross losing endorsement deals over lyrics, will rappers tone down their songs?

Since it began, rap has found ways to offend. Whether for political content, sexual imagery, misogyny, violence or coarse humour, rappers have found themselves having to defend their words on a regular basis, no matter how innocuous — or extreme.

Those defences have typically been defiant. So it was a bit startling when both Lil Wayne and Rick Ross — under intense fire over rhymes deemed offensive — gave mea culpas for their words amid threats of boycotts and a loss of major endorsements.

Their contrition, and the success of their detractors in getting them dropped by major corporations, raises the question: Could the close attention paid to lyrics today — mainly because of the digital age and social media — find some rappers toning down their words, or compromising artistry, to satisfy others?

Ebro Darden, the program director of New York's Hot 97 radio station, thinks rappers may become more mindful, but isn't convinced this is a tipping point in the genre.

"I think they'll be more cautious about the disrespect they show toward a specific situation," he said. "I think hip-hop is a culture of people speaking what they feel and see. ... I think it does get out of balance sometimes and I think that's the main issue people have with hip-hop."

Others see Lil Wayne and Ross' situations as blips that won't shake up how rap stars approach their music.

"Folks in hip-hop are going to use freedom of expression," said Cori Murray, the entertainment director at Essence. "I don't see them self-editing themselves."

There are still plenty of examples of vulgarities dominating in rap, including pop hits such as Kendrick Lamar's (Expletive), Don't Kill My Vibe and A$AP Rocky's (Expletive) Problems. The use of gay slurs has been toned down, though rappers like Tyler the Creator still say them regularly.

Lesson learned?

"I think they'll be more cautious about the disrespect they show toward a specific situation."

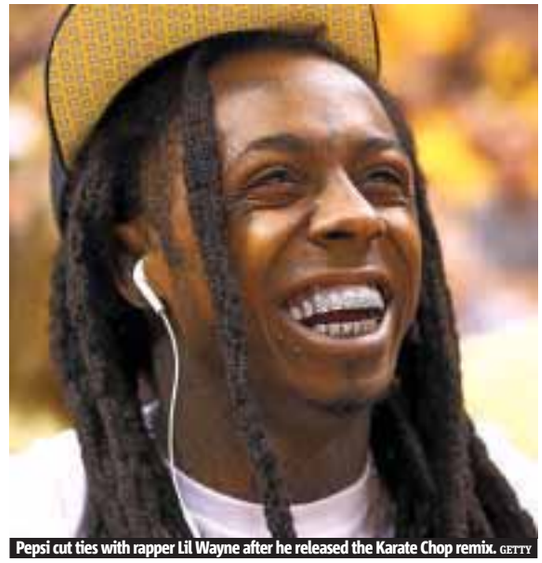
Ebro Darden, program director Hot 97
On rappers becoming more mindful of what they say on their records.

But even for a genre known for using outrageous words to convey a message, some thought Lil Wayne went too far. On a remix of rapper-producer Future's song, Karate Chop, Lil Wayne compared a sex act to the beating that killed 14-year-old Emmett Till in Mississippi. PepsiCo cut ties with Lil Wayne in May. Steve Stoute, the former record label boss and advertising executive who has worked with Jay-Z and Mary J. Blige, believes Lil Wayne and Ross did no harm — and nothing they haven't done before.

"Lil Wayne's fans know he wasn't being disrespectful ... he was trying to make a point, which in hip-hop you will sometimes go as ridiculous as he went to make a point," said Stoute, who added that the rappers shouldn't alter their lyrics. "I think Lil Wayne and Rick Ross and every other artist should do exactly what they've always done to become the special thing that they are."

Ross rapped about giving a woman the drug MDMA, known as Molly, and having his way with her in Rocko's song U.O.E.N.O.

Reebok ended its relationship with Ross in April after the women's group UltraViolet held several protests, including one outside a Reebok store in New York City. The sneaker brand said it was not happy with how 37-year-old Ross handled the situation (Ross apologized for his lyrics twice before he was dropped, but only acknowledged the seriousness of his words after Reebok let him go).


Pepsi cut ties with rapper Lil Wayne after he released the Karate Chop remix. GETTY

"I bet you (Ross) wasn't thinking that was going to happen when he was writing that lyric," John Legend said of the backlash the burly rapper received, with whom he has collaborated three times. "Now people will think twice about stepping in that territory and making light of it ... and if that's the effect of people protesting, then maybe that's a good effect."

THE ASSOCIATED PRESS

Jim Bennett: Lucky to be alive and loving Get Lucky

Viral success. Bass player earns online popularity with Daft Punk cover months after beating very serious condition

Even before his homemade Daft Punk cover soared to Internet prominence, Vancouver's Jim Bennett felt he was lucky indeed — just to be alive.

The 30-year-old had been diagnosed with necrotizing pancreatitis (the sudden inflammation of the pancreas) on New Year's Day, touching off a nightmarish few months that he spent confined to a hospital bed. Unbeknownst to him, Bennett had been assessed with a mere 10 per cent chance of survival.

But he did survive. And while still immersed in the arduous process of recovery, he picked up his bass guitar and — on a whim — recorded a cover of Daft Punk's luminous summer smash Get Lucky.

Since uploading the tune to YouTube a couple weeks ago, more than 560,000 viewers have been drawn to the clip.

"I thought, 'I'll record this and have a good time' kind of thing. ... It was just for my own amusement and for fun," said the cheerful Bennett down the line from his B.C. home.

Bass player Jim Bennett feels lucky to be alive and is now focusing on his music . CANADIAN PRESS

"I had no idea it would blow up like this."

Months ago, Bennett's priorities were certainly far different.

On Dec. 31 of last year he and his girlfriend, Andrea Terpenkas, had plans to go to a friend's place but stayed home because Bennett wasn't feeling well. He only got worse overnight and a trip to the hospital and a round of X-rays ensued, along with that gloomy aforementioned diagnosis.

He was wheeled into the operating room as soon as possible, and he would stay in the hospital for almost three months. He would endure nine surgeries over that span, and by the time he was finally in recovery he would have to learn again how to walk and how to talk.

"It was the toughest two and a half months of our lives, but we made it through," he said.

Bennett, who was born in Calgary, grew up in Victoria and studied in Montreal before moving to Vancouver, had played in various funk, jazz and R&B outfits over the years, but had focused on other pursuits recently, including finding work as a web designer.

Silver lining

"It's great to have something so positive in a year that started out so bad and so rough."

Jim Bennett
On his viral success online following a very serious illness scare.

But his hospital stay shifted his perspective.

"I just kind of realized how important certain things are to me in life: friends and family and music," he said. "You can chase a career and try and make a decent living and buy a house, but you can't take money with you. I just really wanted to do something like music that I thought was really important to me."

He began playing bass with more frequency upon his release from hospital. Recording and editing his Get Lucky video took only a few hours, he said, and he plans on releasing more videos soon. He's also musing on recording an album of drum-and-bass Daft Punk covers next month, for which he's toying with the title Daft Bass.

Beyond the nearly 10,000 "likes" from YouTube viewers, he also received flattering feedback from Chic founding guitarist Nile Rodgers, who contributed Get Lucky's buoyant, silken guitar riff. After a fan sent him a link to the video, Rodgers tweeted the clip to his 76,000-plus followers with the comment: "This dude's a monster. He's chucking on the bass like Nard." (A reference to late Chic bassist Bernard Edwards).

Bennett hopes his newfound recognition translates into more opportunities in music. He's open to teaching bass locally or online through Skype, he'd love to secure session work or a touring gig and adds with a sheepish laugh: "If there's any bands out there that are looking for a bass player..."

He has a clean bill of health now but says he won't fully feel like himself until January, with some residual back pain and other aches to deal with in the meantime.

Even if further opportunities don't spring from his unlikely viral hit, Bennett says Get Lucky has done a lot for him. "It's just great to have something so positive in a year that started out so bad and so rough," he said.

THE CANADIAN PRESS

Hugh Jackman. ALL PHOTOS GETTY IMAGES

Getting into Wolverine-style shape

Hugh Jackman admits he isn't afraid of stealing workout techniques from other actors — like Dwayne "The Rock" Johnson — if it means getting into tip top Wolverine shape.

"I know Dwayne and I rang him and said, 'Buddy, I saw you in the Tooth Fairy, and then I saw you in an action movie and you are massive. How do you do it?'" Jackman tells E! News. "Right as he's telling me the whole diet, someone knocked on his trailer door — and I'll never forget this moment. He goes, 'Hold on a second! I'm talking to Wolverine. You can tell them I said they can wait.'"

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Divorce, arrests and bombings

STARGAZING
Malene Arpe
scene@metronews.ca

This week in diva suffering: 1) **Mariah Carey** dislocates her shoulder while shooting a video 2) Fans are upset that Madame Tussauds' **Adele** figure is too thin. 3) A reportedly inebriated **Rihanna** is escorted by security from a Polish music festival. 4) **Lauryn Hill** goes to prison to serve time for tax evasion. 5) **Lady Gaga's** new diet reportedly causes massive flatulence. 6) Ha-ha-ha-ha-ha.

• A dancer and student with the Winnipeg Ballet is dismissed after it's discovered he made gay porn. The administrators at the ballet were particularly upset over his work in Man Lake and Sleeping Barry.

• **Nigella Lawson's** husband files for divorce because he's annoyed she didn't come to his defense after he choked her in public. I don't blame him. It's just like that time when I stole my friend's car and then, when I accidentally ran him over, he wouldn't testify on my behalf.

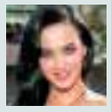
• **George Clooney and Stacy Keibler** finally split. She wanted marriage and kids and a raise and he needed space and enough time to find someone new for awards season.

• A man is arrested at a **Taylor Swift** concert after posting threats on Facebook and because he carried a sign that read, "Taylor Swift is with Satan." Police said they take all threats seriously and, besides, "He's a liar. Everyone knows Satan prefers Selena Gomez."

• The Lone Rider bombs at the box office. That's too bad. We were all looking forward to **Johnny Depp** wearing an entire ostrich in the sequel.

Twitter

@IJasonAlexander
A young man was killed in Florida and no one is guilty of anything, except the victim. I don't think stand your ground was meant for this.



@katyperry
What do we stand for? How are we America, united... the beautiful? We should take a long look in the mirror, we need REAL change.

@oliviawilde
Tomorrow, suck less than today. Thanks.

Justin Bieber.

Bieber continues ruining lives of others ... or something like that

Trouble continues to dog Justin Bieber as he makes his way across the U.S. for his summer tour, though this time it's not the 19-year-old singer who's in trouble.

Last week, Bieber took a post-concert trip to a Chicago nightclub that resulted in the club being cited for letting him in, according to E! News.

Bodi Chicago was issued a citation for "admitting and knowingly having underage persons in the establishment," according to a spokesperson for the Chicago Department of Business Affairs and Consumer Protection.

Get Your Beauty On!
Hair | Skin | Nail | Medical Spa | Make-Up
Beauty LICIOUS
www.beauty-licious.ca
Choose Your Beauty Package
$35, $50, $75 & $125

Indulge in a 2, or 3, Course Meal!
For Locations and Menus See Website
London LICIOUS
www.londonlicious.ca
2 Course Lunch Menus
$15 & $20
3 Course Dinner Menus
$25, $30, & $35
Call Restaurants For Your Reservations Today!

Indulge in Life! FESTIVAL July 19th - August 11th

Elizabeth Banks has a love for ladies

Elizabeth Banks is no stranger to locking lips with other women.

And, she tells the Advocate, her two onscreen instances of same-sex smooching weren't her first time kissing a girl and liking it.

"I've definitely made out with a few girls in my time," she tells the magazine, describing kissing a woman as "a little softer" than kissing a man.

"It is nice not to have to worry about razor burn," she admits.

Elizabeth Banks.

Look awkward, be safe

Faux tattoos help identify allergies

Just when you thought childhood awkwardness couldn't get any more … awkward, there's always something to take it to the next level.

This time around it's SafetyTats. The premise of the invention is to identify children's allergies or other vital information through temporary tattoos that can be applied anywhere on the body.

There are two different types of SafetyTats. The original ones, which are applied like regular temporary tattoos, come with standard allergy messages (such as "food allergy: nuts") and quick stick write-ons, which come in various neon colors, apply similar to a Band-Aid and allow users to write custom allergy messages.

"I remember going to an amusement park one weekend with my three kids and thinking 'I don't want to have to worry about them getting lost,'" said SafetyTats creator Michele Welsh. "I wrote my cellphone number on their arms with a ball point pen but eventually it rubbed off during the day and that's when I knew that I had to create something else."

The original safety tats last approximately three to five days depending on the activeness of the child. The quick stick write-ons last up to two weeks and are waterproof.

COURTNEY M. FOWLER, METRO WORLD NEWS IN NYC

Exclusively Online

Reasons Mommy Drinks? This week, it's the local park's wading pool a.k.a. giant vat of pee. Read this and more hilarious mommy tales at metronews.ca/voices.

A boys with dustpans, girls on lawn mowers revolution

Gender roles. Our expert weighs in on a study that says siblings can have a large impact on gender stereotyping

IT'S ALL RELATIVE
Kathy Buckworth, kathybuckworth.com

"Men with sisters appear to do less housework, even in middle age." A provocative and, I think, curious statement to make.

Yet, according to a paper published in the Journal of Politics, decades of data have led to this conclusion. The data suggest that siblings can have as large an impact on gender stereotyping as parents can when it comes to the running of a home.

The report goes as far as to say that the roles of brother and sister can resemble those of husband and wife. (Frankly, the only way my kids resemble a husband and wife is in a Bickersons arguing sort of way.)

How to prevent this from happening in our own home? I'm thinking maybe we could start with the philosophy of "It's only work if you're not having fun." I say this, as due to my excellent parenting skills, (or admittedly by some strange fluke), I happen to have tricked my youngest son, 11, into thinking that housework is fun.

They're paying attention

"The study tells us that our kids are watching … how we divvy up the chores we do as adults."
Kathy Buckworth

He routinely mops the kitchen floor, vacuums, and sprays glass cleaner on glass cleanable surfaces with wild abandon. He requested, and received, his very own toilet brush, that he also uses with surprising frequency. He does all of this … for fun. In fact, the day that school ended he asked if he could mop as a sort of "welcome to summer holidays treat." I magnanimously let him.

He does have siblings (a brother and two sisters), none of whom would even pick up a duster unless it were on fire, and probably not even then unless I threatened to take their phones away.

Maybe the fact that there is another brother in the house counteracts the unintentional yet subliminal boy versus girl housecleaning message. Whatever the case, the theory doesn't seem to hold water in my house.

But if that's what the research shows for other families, maybe on the whole we need to do something about this, mostly to save our daughters, and our son's future partners from having to pick up the slack, and the dirty clothes, thanks to our own procreation of boys.

The study tells us that our kids are watching us — how we divvy up the chores we do as adults and how we assign chores to our children.

Does your daughter mow the lawn? Does your son set the table? Do you have "boy jobs" and "girl jobs" in your house? Do they get to pick their chores? Take some time to mix it up this week.

Unfortunately I can't lend my own son out, as the floors need cleaning at my house.

KATHY'S NEW BOOK I AM SO THE BOSS OF YOU: AN 8 STEP GUIDE TO GIVING YOUR FAMILY THE BUSINESS IS AVAILABLE AT BOOKSTORES EVERYWHERE. FOLLOW KATHY ON TWITTER @KATHYBUCKWORTH

According to one report, men with sisters appear to do less housework, even as they grow up. ISTOCK

Ga ga goo goo, where's my Tortle?

Amid the purveyors of belly casts and placenta pills, sonogram art and cord blood banks at a recent baby gear extravaganza stood a smiling Rosie Pope, pregnancy advice guru, mommy concierge to the rich and, with any luck, the Martha Stewart of maternity.

"There's Rachael Ray for cooking and Rachel Zoe for style, but who in motherhood? That's my dream," said the affable mom of three as she signed copies of her pregnancy guide, Mommy IQ, showed off her maternity clothing line and chatted up fans at this year's New York Baby Show.

Making sense of maternity and baby gear these days isn't easy, so Pope may just get her shot. More than a few moms-to-be were befuddled as they walked the crowded show floor.

There's the Tortle, for example. It's an infant hat with a soft wedge built in to battle flat head syndrome. And there's Clean Bee Baby, an eco-friendly cleaning service for strollers and car seats.

There were also numerous reinventions of the wearable baby carrier, bright and cheery seats and rides of all kinds, including one that looks like an actual car, and all-natural everything, from squeezable baby fruit to Kinder by Nature herbal wipes, loaded with certified organic aloe vera, tea tree and ylang ylang extracts.

Pope offered her view on the explosion of gear for mom, dad and baby.

"There's so much we do not need," she said. "What we do need is a safe place for the baby to sleep. We do need a safe car seat. We do need a stroller system that the car seat can snap into. What we do need is some clothes. What we don't need is shoes and hair accessories and wipe warmers and bottle warmers and all of this sort of extra stuff that really is just adding complication to what you're doing rather than making your life easier."

THE ASSOCIATED PRESS

A picnic just isn't a picnic without Greek Pasta Salad

KAREN HUMPHREY
YummyMummyClub.ca

This salad is packed with vegetables and lightly kissed with a home made balsamic dressing so it's light and fresh.

This recipe serves four. KAREN HUMPHREY OF YUMMYMUMMYCLUB.CA

Ingredients

- 2 cups bow tie pasta
- 1 cup halved grape tomatoes
- 1/4 cup thinly sliced red onion
- 1 cup chopped cucumber
- 1/2 sweet yellow pepper, seeded and chopped
- 1/2 sweet red pepper, seeded and chopped
- 4 oz feta cheese, crumbled
- 1/4 cup black olives, sliced
- 2 tbsp chopped fresh dill

Dressing

- 3 tsp balsamic vinegar
- 2 tbsp olive oil
- 1/4 tsp honey
- salt and pepper
- squirt mustard

1. In pot of boiling salted water, cook pasta according to package directions. Drain and rinse with cool water. Set aside.

2. Toss pasta with tomatoes, onion, cucumber, peppers, feta, olives, and dill.

3. Measure dressing ingredients in a mason jar. Screw on lid and shake until everything is well mixed together. Drizzle over pasta and toss. You don't have to use all the dressing. Add salt and pepper to taste. Serve right away or chill for about an hour before serving. **YUMMYMUMMYCLUB.CA IS AN ONLINE RESOURCE TO HELP WOMEN SURVIVE MOTHERHOOD.**

Healthy eating

Choose it and lose it

ROSE REISMAN
for more, visit rosereisman.com or follow her on twitter @rosereisman

What says summer more than wings and beer on a patio? Not a whole lot. But be prepared for a lot of calories, fat and sodium if you sip and bite into the wrong choices.

Equivalent

Four pints of beer and 15 breaded Pizza Hut wings with honey barbecue sauce are equal in calories to four whole Swiss Chalet chickens.

4 pints beer, 15 breaded Pizza Hut wings with honey barbecue sauce

2,540 calories / 90 g fat / 4,280 mg sodium

It will cost you more than a day's worth of calories and fat, and three days' worth of sodium!

2 pints light beer, 15 traditional Pizza Hut wings with garlic Parmesan sauce

850 calories / 39 g fat / 2,150 mg sodium

These wings are baked, not fried.

Lunch. Fresh and Light Summer Pasta Salad

1. Bring a large pot of salted water to a boil.

2. Meanwhile, in a large serving bowl toss the tomatoes with a few hefty pinches of salt and some black pepper. Let stand for 10 minutes, then add the lemon zest, oil and goat cheese and toss well.

3. Add the pasta to the boiling water, stir and cook according to package instructions until just al dente. Drain the pasta (it's fine to have some water still clinging to the pasta), then add it to the bowl. Toss until the cheese is melted. Taste and season with salt and pepper to taste. Divide the pasta between 4 serving bowls, then sprinkle each portion with some of the herbs. Serve. **THE ASSOCIATED PRESS**

Ingredients

- 3 cups chopped fresh tomatoes (about 1-inch pieces)
- Kosher salt and ground black pepper
- 1 tsp grated lemon zest
- 1 tbsp extra-virgin olive oil
- 5 oz goat cheese, crumbled
- 8 oz whole-wheat penne or fusilli pasta
- 1 cup mixed chopped fresh herbs (such as parsley, basil, oregano, mint, dill, chives, cilantro and tarragon)

Grilled meat mingles with fruit

1. Heat the grill to medium. Heat the oven to 400 F.

2. While the grill and oven are heating, in a blender combine half of the feta, the lemon juice, buttermilk and olive oil. Blend until smooth. Season with pepper, then stir in the remaining feta. Set aside.

3. Split each pita pocket into 2 rounds. Spray the rough sides of each round lightly with the cooking spray, then sprinkle lightly with salt. Cut each round into 8 triangles. On a rimmed baking sheet arrange the triangles in a single layer. Bake on the middle shelf of the oven until golden and crisp, about 8 minutes. Set aside to cool.

4. Spray the pork with the olive oil spray, then season it lightly with salt and pepper. Grill it directly over the heat, turning it a quarter turn at a time, until a thermometer inserted at the thickest part registers 140 F to 145 F for medium, about 6 minutes per side. Transfer the pork to a plate, cover it loosely with foil and let it rest for 10 minutes.

5. In a large bowl, combine the arugula, onion, mint, cilantro, watermelon and cucumber. Add the pork juices from the resting pork to the feta dressing, whisking to incorporate. Place a mound of the salad on each of 4 plates. Slice the pork crosswise into rounds 1/2 inch thick and arrange a quarter of the slices on top of each mound of salad. Drizzle the dressing on top of the pork, then divide the pita croutons between the plates. Serve immediately. **THE ASSOCIATED PRESS/ SARA MOULTON, AUTHOR OF SARA MOULTON'S EVERYDAY FAMILY DINNER.**

Ingredients

- 4 oz feta cheese, crumbled, divided
- 1 tbsp lemon juice
- 1/3 cup buttermilk
- 1 tbsp extra-virgin olive oil
- Ground black pepper
- Two 6-inch whole-wheat pita pockets
- Olive oil cooking spray
- Kosher salt
- 1-lb pork tenderloin, trimmed
- 3 cups arugula
- 1/2 cup thinly sliced red onion
- 1/2 cup each fresh mint leaves and cilantro leaves
- 2 cups cubed and seeded watermelon
- 1 cup cubed seedless cucumber

This recipe serves four. MATTHEW MEAD/ THE ASSOCIATED PRESS

Come for a cold one, stay for the sites: Beer can mean big business for cities

Happily ever crafter.
The transformation of a once-forgotten neighbourhood in Cleveland paints a picture of the way in which breweries can bring on a boom

To see how a small business can transform a neighbourhood, just follow the barrels.

About 30 years ago, beer lovers wanting to create their own drinks started taking over abandoned old buildings in rundown city districts, refitting them with tanks, kettles and casks, and churning out beer.

The byproduct was a boom in craft beer drinkers: Barrels shipped have more than doubled in the past decade, according to trade publication Beer Marketer's Insights.

But beer drinkers weren't the only beneficiaries. The arrival of a craft brewery was also often one of the first signs that a neighbourhood was changing. From New England to the West Coast, new businesses bubbled up around breweries, drawing young people and creating a vibrant community where families could plant roots and small businesses could thrive.

It happened in Cleveland. Once an industrial powerhouse, the Rust Belt city has been losing residents since the 1950s. Manufacturing jobs disappeared. The city nearly went bankrupt in 1978.

Marred by abandoned buildings and boarded-up stores after several hard decades, the downtown Ohio City neighbourhood, just west of the Cuyahoga River, which divides Cleveland, was "perceived as dangerous and blighted" into the 1980s, says Eric Wobser.

Brewer Joel Warger tends to a batch of beer in the Great Lakes Brewing Co. in Cleveland's Ohio City neighbourhood. ADRIAN WYLD / THE CANADIAN PRESS

He works for Ohio City Inc., a non-profit that promotes residential and commercial development while trying to preserve the neighbourhood's older buildings.

Enter Great Lakes Brewing, which opened in 1988. Over the years, it's built a brewery and a brewpub from structures that once housed a feed store, a saloon and a livery stable.

Raise a glass to revitalization

"We resurrected all of them. We've beautified the neighbourhood, provided a stunning restoration."

Pat Conway, founder of Great Lakes Brewery, on transforming abandoned buildings into company quarters

"We resurrected all of them," says Pat Conway, who founded Great Lakes with his brother, Daniel. "We've beautified the neighbourhood, provided a stunning restoration."

Other breweries and businesses — a pasta maker, a bike shop, a tortilla factory, as well as restaurants and bars — followed. Newcomers are flocking to the neighbourhood, even though Cleveland's overall population is still declining.

The city repaved the quiet street next to the brewery, Market Avenue, with cobblestones, and poured millions into renovating the West Side Market, whose origins date back to the 19th century.

Today, more than 100 vendors sell produce, meat, cheese and other foods there. What's going on in Cleveland is happening across the country.

Trendy small businesses like breweries and younger residents have been returning to downtown neighbourhoods in many cities across the U.S. The biggest cities are growing faster than the suburbs around them, according to census data.

Another benefit of the brewery boom: Manufacturers like brewers typically pay workers more than service businesses like restaurants or shops do. That's good for local economies.

THE ASSOCIATED PRESS

Puff, the magic productivity-killer

Cough up the coin.
The cost of smoking doesn't end with the ever-increasing price of a pack of cigarettes

COURTNEY M. FOWLER
Metro World News

No matter how you look at it, smoking is expensive — beyond the actual pack of smokes, treatment expenses and health care for smokers often break the bank.

A new study from Ohio State University shows another way that smoking has become a burden: through those little bits of time smokers use to light up.

According to the June study, employing smokers will cost employers upward of $5,800 per smoker, per year. The costs due to loss of productivity because of periodic smoke breaks is more than $3,000 per smoker, per year. Attorney Gregg Salka, of the law firm Fisher & Phillip, represents employers who are concerned that employing smokers is bad for business.

In a world where time is money, smoke breaks can quickly add up. ISTOCK

As a representative for the employers, what are your biggest concerns about employing smokers?

Employers that have employees who take breaks in increments of five to 20 minutes throughout the day; if those employees are hourly, they need to be compensated. So I'm assuming that would decrease productivity just as someone who's browsing Amazon or posting on Facebook.

Is there anything else you'd like people to know about smoking and work-place productivity?

I think (employers) should really treat all their employees the same, regardless of whether they're smokers or non-smokers or Facebookers or non-Facebookers. An individual who is taking a break away from working time for whatever reason should be treated and disciplined the same.

Solutions?

What are some of the direct actions employers are planning to take with regard to the costliness of accommodating smokers and their breaks?

- "The best bet for employers is probably to institute some sort of a wellness program to reduce the overall likelihood that individuals will continue to smoke," says attorney Gregg Salka.
- "Your costs will go down because your employees will be healthier, and they'll presumably be smoking less and working more. There are also subsidies that are available under the Affordable Care Act (in the U.S.) in certain situations for employers that implement such wellness programs, so that's another way to recoup some of the costs that are associated with smoking issues."

New London Knights forward Mike McCarron admires the team's history of success. SCOTT TAYLOR/METRO

Willing to put it all on the line in London

OHL. Behemoth new Knights forward plans to bring all-around game next season

SCOTT TAYLOR
scott.taylor@metronews.ca

He wants to be known as a well-rounded player, but if push comes to shove on the ice, new London Knights forward Mike McCarron won't be shy to drop the gloves.

The Knights introduced their most recent big name at Budweiser Gardens Friday, just one day after he signed an entry-level contract with the Montreal Canadiens, who drafted him in the first round of this year's NHL draft.

McCarron had originally planned on playing college hockey for Western Michigan next season, but some gentle prodding by the Habs and a look at the success Knights players have had over the years convinced him otherwise.

Former Knights defenceman Jarred Tinordi, who was also drafted and signed by the Canadiens, helped McCarron solidify the decision to come to London with glowing words about the organization and the city.

"He said that he wouldn't have looked back for anything. He said his billets here were awesome," McCarron said.

Tinordi also told McCarron that the longer OHL season and the Knights' off-ice workouts help make the transition to the NHL easier.

The six-foot-five McCarron should be a force both in front of the opposing goalie and in the corners. And he doesn't plan to turn the other cheek just because he'll be a rookie.

"Obviously, I like to fight and stuff like that and play a rough game, but I don't want to be that guy. I think I have enough skill that I can bring both parts of my game in together and create a good game for myself."

IndyCar

Dixon doubles up on wins in Toronto

Scott Dixon swept the doubleheader at the Honda Indy Toronto after leading from pole to finish Sunday for his third straight victory.

Dixon was already set for a celebration after passing Sebastien Bourdais with eight laps to go to win the first race Saturday.

He was even better in the finale with a dominant performance on the 85-lap, 1.75-mile street course at Exhibition Place in Toronto, finishing ahead of second-place Helio Castroneves and Sebastien Bourdais in third. It was Bourdais' second podium of the weekend after finishing second Saturday.

THE CANADIAN PRESS

Scott Dixon GETTY IMAGES

Tour de France

Froome extends lead on Stage 15

British rider Chris Froome showed why he remains the overwhelming Tour de France favourite by winning Sunday's gruelling 15th stage up to Mont Ventoux to extend his lead over Alberto Contador.

Froome's acceleration was too much for the two-time former champion Contador. The Spaniard finished about one minute 40 seconds behind.

THE ASSOCIATED PRESS

MLB. Verlander hits no-hit stride heading into break

Tigers ace Justin Verlander took a no-hitter into the seventh inning against the Rangers on Sunday at Comerica Park in Detroit. GETTY IMAGES

Justin Verlander's no-hit bid was finally over in the seventh inning — and before refocusing, the Detroit ace saw his shortstop do something amusing.

"When the double was hit, and the ball came back in, everybody started cheering," Verlander said. "(Jhonny) Peralta caught the ball and looked up at the board checking the hits. That's when I knew he didn't know. I was like, 'Come on, Jhonny.'"

Verlander fell seven outs short of his third career no-hitter, but the Detroit ace looked sharp in his final start before the all-star break, and the Tigers backed him with three home runs in a 5-0 victory over the Texas Rangers on Sunday.

On Sunday

Tigers	Rangers
5	0

Mitch Moreland's two-out double to right-centre broke up Verlander's bid. Verlander (10-6) left the game after the seventh with a tight right quad muscle, having allowed just that one hit and three walks.

"It was just kind of starting to get tight," Verlander said. "There's really no need to push it."

Torii Hunter, Victor Martinez and Peralta hit solo homers off Texas starter Martin Perez (3-2). The Rangers finished with two hits.

Verlander was picked for the American League all-star team but was replaced for Tuesday night's event. Under baseball's labour contract, pitchers who start on the Sunday before the all-star game may opt not to participate.

THE ASSOCIATED PRESS

Around the majors

- **Baltimore 7, Toronto 4.** Chris Davis hit his 37th homer to tie the AL record before the all-star break, and the Orioles cruised by the Blue Jays 7-4 Sunday.
- **Cincinnati 8, Atlanta 4.** Jay Bruce hit a two-run homer in Cincinnati's four-run third inning to lead the Reds past Julio Teheran and Atlanta.
- **Minnesota 10, New York 4.** Aaron Hicks hit a three-run homer and the Twins took advantage to beat Yankees ace CC Sabathia for the first time in six years.

Horoscopes

♈ Aries
March 21 - April 20
You may not be a peacemaker by nature but you can help defuse an explosive situation by standing between the warring parties and insisting that they cool down.

♉ Taurus
April 21 - May 21
The only danger this week is that you might give up on something before you have really started. However difficult the task ahead of you may look it is not impossible and failure is not a foregone conclusion.

♊ Gemini
May 22 - June 21
You may sometimes act as if you don't care about what's going on in the world but you do and over the next few days you will find ways to make a difference.

♋ Cancer
June 22 - July 23
Listen to your head by all means today but let your heart have the last word. Your emotions run deep and someone is about ignite your passions in a way they have not been ignited for quite some time.

♌ Leo
July 24 - Aug. 23
As it's the first day of a new week why not put your troubles behind you completely? Is that actually possible? Of course it is. Your reality is a reflection of what goes on in your mind.

♍ Virgo
Aug. 24 - Sept. 23
Whatever you are working on you can and you will make a success of it, even if you make a few mistakes in the short-term. It's no big deal.

♎ Libra
Sept. 24 - Oct. 23
You have been through a stressful time of late, so wind down a bit and find ways to have fun without pushing yourself too hard physically or emotionally. Be kind to yourself today, and every day.

♏ Scorpio
Oct. 24 - Nov. 22
You deserve the best and you will get the best but it may not arrive quite as quickly as you expected. That's okay. The longer you have to wait the better the taste of success will be.

♐ Sagittarius
Nov. 23 - Dec. 21
What worried you yesterday is not what will worry you today and what worries you today won't be what worries you tomorrow. Which begs the question: why worry at all?

♑ Capricorn
Dec. 22 - Jan. 20
Don't just assume that someone knows how much you care for them: spell it out so there can be no misunderstandings. Capricorn may have a reputation as being a bit of a cold fish but it's not true. You're really all heart.

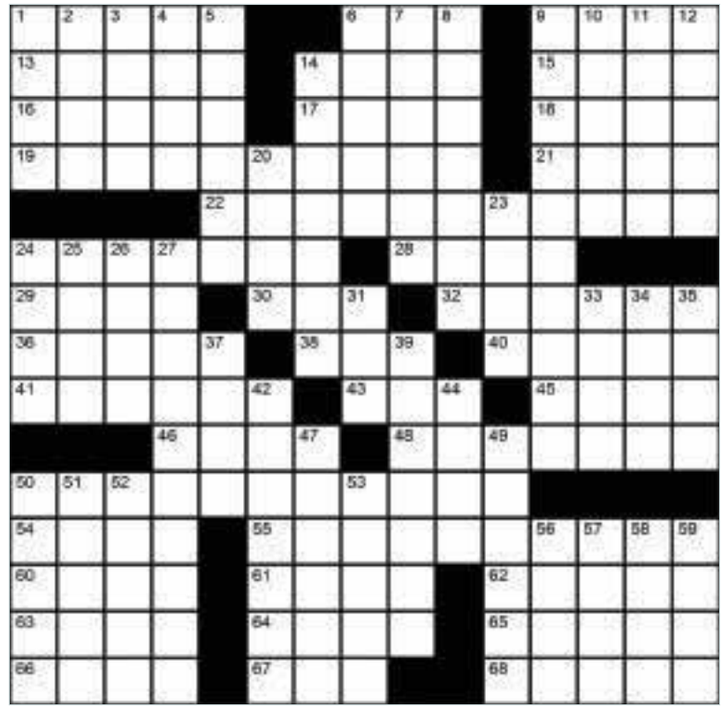
♒ Aquarius
Jan. 21 - Feb. 19
You may be behind in your schedule and you may be worrying how you can catch up but is there really any point? You know from experience that it will all work out in the end.

♓ Pisces
Feb. 20 - March 20
It will pay you to be a bit more forgiving of people who have let you down or who do not come up to your exacting standards. SALLY BROMPTON

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

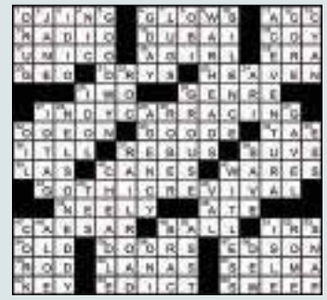
BY KELLY ANN BUCHANAN



Across
1. Beach 'hermits'
6. Li'l food†additive
9. Mr. Belushi's
13. Pale purple
14. Remorseful person
15. Miss _ __ (Don't appear on stage on time)
16. Ancient Greece marketplace
17. Feminizing suffix
18. Donny of "Happy Days"
19. Huge pool park's fun chute
21. Put a sock __: 2 wds.
22. "The ___ Canada", on CTV starting tonight
24. "Curious" band from New Glasgow, NS
28. Pianist, Peter __
29. Stead
30. Emerald
32. Actress Ms. Welch
36. Rectify
38. T, in Morse
40. Many
41. __ bliss
43. Romanian currency
45. Some small batteries
46. Ancient's "Awesome!"
48. Versus
50. Prehistoric rock carvings, as per __ Provincial Park in ON
54. Chopped
55. Rapper from Enfield, NS
60. Calif. campus
61. Habilis or Sapiens
62. Like crafts
63. Peddle
64. "Out __ __?"
65. Quebec's __ Peninsula
66. Besides that
67. Pallid
68. Go __ __... (Be repetitive)

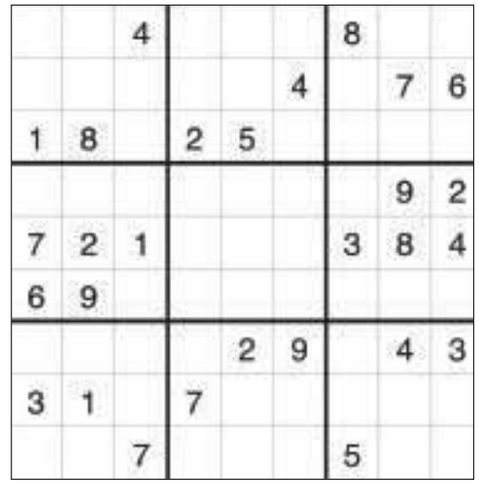
Down
1. Cat's clutcher
2. Latvia's capital
3. Quite often: 2 wds.
4. Unadorned
5. Ancient Egypt's sacred beetle
6. "Malcolm in the Middle" star Frankie
7. Songbook standard: "__ the Clowns": 2 wds.
8. Like a more lush-looking lawn
9. "Virtual Insanity" band
10. "I Love It": Hit for Swedish pop duo __ Pop
11. Radio fare
12. Seven, in Sicily
14. Not uptight
20. City's cloudiness
23. 'Tele' suffix
24. Restaurant side order
25. I like = J'__
26. INXS hit: "What You __"
27. Premier of Newfoundland and Labrador, Kathy __
31. Prefix that means 'Bad'
33. __ Bator (Capital of Mongolia)
34. 7th Greek letters
35. Grocery-shopping reminder
37. Early-'80s group
39. Generously piles the food to the plate: 2 wds.
42. Purina product: 2 wds.
44. Cousins of 'yucks'
47. UNESCO World Heritage Site in India, __ Caves
49. Certain cheese
50. Hesitate
51. Gum brand
52. Recites
53. "American Idol" Season 5 alum, Elliott __
56. "The Nanny" star Ms. Drescher
57. "__ _ miracle!"
58. "SportsCenter" station
59. Bottled hair, like it

Friday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.



Friday's Sudoku

visit metronews.ca
metro

AFFORDABLE METAL ROOFING

At Factory Direct Pricing

SPRING OPEN HOUSE

You are invited to Spring Open House Barbecue on Saturday, April 13, 2013 at our Showroom on 1682 Dundas St. East, London, Ontario.

More FM103.9 will be there from 9:00 AM to 1:00 PM

Spring Open House Barbecue
April 13, 2013
More FM103.9

55 YEARS WARRANTY

BBB

#1 CUSTOMER CHOICE METAL ROOFING COMPANY

TD Financing Services
AUTHORIZED DEALER

ACT NOW!

Contact us for a low monthly payment

519.451.7663
1.855.838.9393

LONDON ECO-ROOF MANUFACTURING INC.

www.londonecoroof.com